

NECESSARY ITEMS FOR VISITORS

STUDENTS AND COACHES/ADULTS BRING THE FOLLOWING ITEMS.
VERY IMPORTANT! ALL ITEMS MUST BE CLEARLY MARKED.

1. Bible.
2. Single bed linen, sleeping bag / blanket (extra blanket during winter months) & a pillow.
3. Sufficient clothes & underwear.
4. Comfortable clothes & warm clothes.
5. Swimming suit and towel.
6. Comfortable walking shoes or tekkies and sufficient socks.
7. Toiletries.
8. Personal Medication for hay fever, allergies, asthma etc.
9. Own sport uniforms, clothes and sport equipment.
10. Camera and binoculars (optional and at own risk)
11. Mosquito repellent and sunscreen.
12. Flashlight.
13. Spending money (there is 'n tuck shop).

Plates and cutlery will be provided!

Each team must bring the following:

- Own medical aid kit.
- Water bottle for each player.

RUGBY

- Five rugby balls per team
- As much rucking pads and tackle bags as possible.

NETBAL

- Netball for each player.
- Cones etc.
- Jumping ropes.

HOKKIE

- Cones.
- As much hockey balls as possible.

NO RADIO'S OR TAPE RECORDERS WILL BE ALLOWED!

Coaches, who are willing to act as referees, please bring your uniform and whistle.